



Issue #11 | July 2026

Healing & Hope Newsletter

JOHN KOWALSKI MINISTRIES

Counseling, Teaching, Prayer and Deliverance for a Deeper Walk with God

Faith that Heals...Truth That Transforms

[Need Prayer?](#)

It's only one click away...

Which Came First?

As the old joke goes...

"I ordered a chicken and an egg from Amazon yesterday...I'll let you know"

Creationists know the answer to the age-old question of which came first, but evolutionists are never sure.

I know the answer...because I raise chickens!



[Which Came First?](#)

Were You Healed?

If you were healed by God (and I know that a lot of you were) please contact me. The best way to give Him glory, is to praise Him - and I can help with that!

John@johnkowalski.com

Evangelize? Who? Me?

Why don't more people evangelize? Well, there are many reasons but people will usually say things like:

- I'm shy
- I don't know the person
- I'm not knowledgeable enough about the Bible
- I don't like to talk to strangers.

Let me give you one evangelization example that I personally experienced that overcomes all of these.

[Find Out More](#)

New! YouTube Content

I'm excited to report that the YouTube channel is up and running and we've been working hard to produce content.

There are three published playlists:

Lesson's Learned

Healing is complex and there are nuances and methods that can help. The playlist below contains the lessons I have learned from my ministry.

Stories From the Vineyard

These videos are stories about healings and deliverances given from my point of view. This is as close as I can get to bringing you into my ministry.

Healing Prayer Sessions

Each month I host a healing prayer session with a guest speaker. If you missed the last one, you can listen to the talk by clicking the button below.

[Lessons](#)

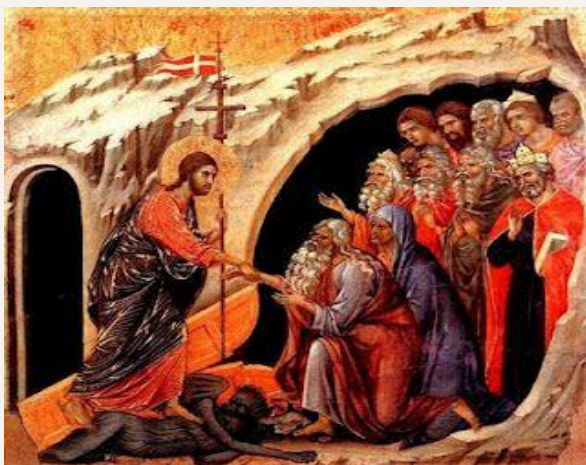
[Stories](#)

[Sessions](#)

(And don't forget to like and subscribe!)

[Visit my YouTube Channel](#)

Substitute Teacher



Every so often I run across great videos and teachings on the web. Sometimes especially (if they parallel my ministry) I will use their topic, content and energy and expand on them in my own articles.

But sometimes they stand just fine on their own.

For those times, I'm going to share them here, in this section.

The first of these comes from my friend, Fr. Carlos Martins and is a teaching on Holy Saturday, the day after Good Friday. In John 14:6, Jesus teaches us that "*no one comes to the Father, except through the Son*" - but what about the Holy Souls that lived **before** Jesus' time? What about Aaron and Moses and Noah and Abraham and the others?

In Christian theology, Holy Saturday is when Christ "*descended into hell*" to liberate these Holy Souls. It's a great teaching and no one narrates it as well as Fr. Carlos!

[The Harrowing of Hell](#)

Need healing?

Know someone who does?

[Then join us this Sunday for an online healing prayer session!](#)

This month's speaker is...

[Matt Lozano](#)

His topic will be:

Unbound and the 5 keys to freedom



Booked and scheduled speakers:

July 2026 - [Matt Lozano](#) - Matt is the Executive Director for Heart of the Father Ministries (Unbound). He is the author of [Free to Be Holy](#) and co-author of the [Unbound Ministry Guidebook](#) and [Abba's Heart](#). Matt ministers alongside his amazing wife, Jennifer and they are blessed with five children.

August 2026 - [Haydee Cullen](#) – Singer, songwriter, Encounter Ministries trained, and Holy Spirit filled woman who is **ON FIRE** for the Lord and has a fantastic story to tell!

December 2026 - [Peter Herbeck](#) - Vice President Renewal Ministries, author and international speaker

Booked - not yet scheduled speakers:



(Above: John prays with the Bishop of the Diocese of Saginaw, Michigan)

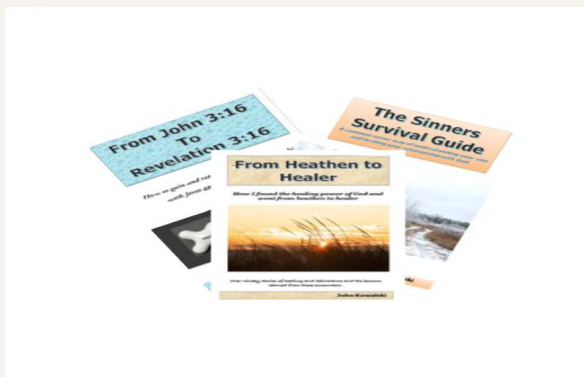
[Dr. Andrew Seppo](#), Director of Operation Transformation Ministries

[Fr. Michael Kimotek](#), regional superior: St Fidelis Friary in London, England.

[Dr. Mary Healy](#), Professor of Scripture at Sacred Heart Major Seminary in Detroit, MI, bestselling author and international speaker. (2027)

[Healing Session Information](#)

Want to Learn More?



Want to:

- Learn about healing?
- Understand sin and its consequences?
- Develop a better relationship with God?
- Support this ministry?

Then purchase one of my books!

[Purchase Books HERE](#)

Glory Stories!

Each month, I love to share Glory Stories (testimonies) of how God is healing, restoring, and answering your prayers.

This month, I wanted to highlight one glory story in particular.

Healed in Prison

She'd never been in jail before; in fact she'd never really been in trouble before. But now she was facing 25 years behind bars. Not surprisingly, she was totally broken and devastated.

Then it all changed.

What happened? She attended one Mass - - and she's not even Catholic. Although she did not receive Jesus physically that day, she received Him spiritually. Later when offered a plea bargain that reduced her sentence to 10 years - she was ecstatic. Grinning from ear to ear, she relayed how excited she was, because now she could learn about the Catholic faith, join the Church and (best of all) God had given her her very own mission field to bring others to Him.

You'd have thought she'd won the lottery.

As we celebrate 250 years of freedom in this country, remember that freedom isn't in the possessions we have or the ability to come and go as we please. Freedom is inside of us. I

know people in prison that are living freer lives than corporate executives with seven figure paychecks. True freedom can be found in Christ alone.

As Fr. Matthew, who conducted the mass that day, is fond of saying:

"Our virtues and our vices are made up of the same stuff; it's what we do with them that matters. Never forget that we are ministering to people that we could be naming churches after"

Perhaps, one day, there will be a church named after this lady.

[Submit a Glory Story](#)

[Read More Glory Stories](#)

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I can't thank you enough for your donations. Everything costs something and it is only by the kindness of others that I am able to provide this ministry to you.

Thank you for your generosity!

- \$20 will cover expenses for one day
- \$140 will cover expenses for a week
- \$560 will cover expenses for a month
- \$2,240 will cover expenses for a quarter year
- \$6,720 will cover expenses for one year

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john@johnjkowalski.com

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John Kowalski Ministries
P.O. Box 6
Emmett MI 48022-0006

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