



Issue #7- March 2026

## Healing & Hope Newsletter

JOHN KOWALSKI MINISTRIES

*Counseling, Teaching, Prayer, and Deliverance for a Deeper Walk with God*

*Faith That Heals... Truth That Transforms*

### Are You a Victim of Identity Theft?

“And out of the ground the LORD God formed every beast of the field, and every fowl of the air; and brought them unto Adam to see what he would call them: and whatsoever Adam called every living creature, that was the name thereof.” Gen 2:19 (KJV)



Here in the second chapter of Genesis we see the first time a person's name is used in the Bible.

Thus, in naming, Adam, God claims authority over His creation and by allowing Adam to name the beasts and fowl they are put under his authority.

But why is this important?

[Click to Find Out](#)

### This Sunday!

Join this month's virtual healing prayer session

### ***February's online healing event was one of the best yet!***

Almost fifty people attended and we witnessed over a dozen healings. This month I expect even more as I welcome my good friend; Marilyn Moncrief.

### Upcoming speakers:

**March 2026** - Pastor Marilyn Moncrief – Nurse, Chaplain, Pastor, Christian Community Organizer/Evangelist. Marilyn wears many hats and the community of Port Huron, Michigan is thankful!

**April 2026** - [Karen Covell](#) – Karen has a unique ministry – she prays for and evangelizes Hollywood. Producer, speaker, teacher and author, Karen has had extensive experience producing TV specials, documentaries and children's programming.

**May 2026** - [Fr. Jason Brooks](#) - Director Regnum Christi Healing Ministry in Detroit

**December 2026** - [Peter Herbeck](#) - Vice President Renewal Ministries, author and international speaker

### **Future speakers (booked but not yet scheduled)**



*(Above: John prays with the Bishop of the Diocese of Saginaw Michigan)*

[Dr. Andrew Seppo](#) , Director of Operation Transformation Ministries

[Fr. Michael Kimotek](#) , regional superior: St Fidelis Friary in London England.

[Dr. Mary Healy](#) , Professor of Scripture at Sacred Heart Major Seminary in Detroit, MI, bestselling author and international speaker. (2027)

[Click Here for More Information](#)

*In Matthew chapter nine, Jesus says "The harvest is great but the workers are few" and his is true in any ministry. If you are looking for a way to draw closer to Jesus, then helping those around you is the best way to accomplish this. Perhaps you are drawn to help at a soup kitchen, or a homeless shelter. Or maybe - just maybe - you've wondered....*

### **What Is It Like To Do Prison Ministry?**

I remember the first time I went to jail about twelve years ago. I was nervous, and completely out of my element because I'd never been in jail before and although I've seen jails on television and in movies, it's just not the same as the real thing. The deacon, the priest and I walked into the common room of the cell block and began setting up for mass. The priest with us that day was a retired priest named Father Joe, who was preparing to celebrate Mass in the cell that day. Father Joe was wearing his alb (pronounced "all-buh" - a white robe worn by the priest during Mass) so you could not see his Roman collar. Soon, the prisoners began filing in one by one. The deacon and I shook each man's hand and greeted them as they entered. I especially recall one inmate. He was dressed in prison orange (as they all were), and he had a big, bushy, full beard and mustache and was about 6'5" or 6'6" tall and weighed around 300+ pounds (you could say that he stood out).

[Read More Here](#)

### **What If I'm Not Healed?**

Occasionally this can happen, but what does it mean? Here are some common misconceptions:

1. God changed His mind
2. God is teasing/making fun of me
3. I'm not worthy

**All of the statements above are false.**

I've prayed for a lot of people - and I've seen a lot of people healed. Then again, I've prayed for some and then attended their funerals too. In the end, I don't know why God does what He does but I do know one thing for certain, it is better to pray than to not pray.

If you receive prayer (from anyone) and are not healed, the best thing to do is to pray again. If you still do not receive healing, then pray once more. If you **still** do not receive healing, then pray again, and again, and again and again. Jesus tells us to knock and keep knocking (Mt 7:7) and to make a pest out of ourselves before the Holy Throne of God (Lk 18:1-8).

It's also possible to receive healing and then have the pain or ailment return. Click the button below to watch my former professor, Dr. Mary Healey as she explains her encounter with this phenomenon.

[Watch Here](#)

### **Glory Stories!**

Each month, I love to share Glory Stories (testimonies) of how God is healing, restoring, and answering your prayers

#### **We're prgnant! – Slovakia/Prayed over the Internet**

*“After 8 miscarriages (all before 6 weeks, and one as recent as September 2025) after we prayed together in October, I got miraculously pregnant in December! We practice NFP (Natural Family Planning) diligently, so it would have been impossible to become pregnant without God’s intervention. As of this writing, I am almost 10 weeks and have seen the baby’s heartbeat twice! Praise be to God! I have never felt so happy, blessed, and grateful and wanted to thank you again for your prayers.”*

#### **Insomnia Improved - Nigeria/Prayed over the Internet**

*“Thanks for taking the time to pray for me the other day. My sleep has improved and I’m looking forward to more improvements in other areas too”*

#### **Multiple healings - Finland/Prayed over the Internet**

*"Thank you so much for yesterday's prayer time. Dad's back straightened visibly. I am no more in need of the extra piece inside my left shoe. Also, though this is still a trying time,*

*I'm no more overwhelmed by feelings of despair, insufficiency, frustration, bitterness and impending doom."*

[Submit a Glory Story](#)

[Read More Glory Stories](#)

### **What Are My Gifts?**

We all have spiritual gifts from the Lord, but did you ever wonder what yours were or how to use them? This is a question I often hear from those I pray with and when people ask me either of these questions, I have two words for them:

#### **Mary Martin**

Mary Martin is a dear friend and a gift from the Lord for our times. She is kind, caring and possesses many gifts, including the gift of helping others find their gifts!

If you are wondering what your gifts are and how to use them, give Mary a call.

[Find Your Gifts](#)

### **Your Donations Keep Us Going**

I can't thank you enough for your donations. Everything costs and it is only by the kindness of others that I am able to provide this ministry to you.

Thank you for your generosity!

- \$15 will keep me afloat for one day
- \$125 will buy me another week
- \$500 will keep me going for a month
- \$1,500 will pay for a quarter year
- \$6,000 will cover expenses for a year

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A Michigan-based faith outreach dedicated to prayer, healing, and spiritual growth. Donations are not tax-deductible.

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