



INTRODUCING THE

Healing & Hope Newsletter

*Faith That Heals.
Truth That Transforms.*

FEATURED:

How this ministry came to be...



For almost a decade, my wife and I had prayed with people who needed healing. It started when my mom was recovering from surgery in desperation, I prayed, and God answered. From there, began to learn, to serve, and to witness God bring healing to many. Along the way we've seen over one thousand people healed of just about any malady or illness, but in 2025, after twenty-nine years with a Fortune 20 company, I suddenly lost my job. It was unexpected - but it became clear that God was opening a new door. What had once been part-time ministry overnight became a full-time calling.

[READ THE FULL STORY](#)

✝ New ✝

Monthly Healing Prayer Session

BEGINNING SEPTEMBER 21

I'll be offering a healing prayer session every third Sunday at 5:00 PM (EDT).

Whether you're seeking healing, simply curious, or just want to witness God at work—you're invited to join.



[ADD TO Google CALENDAR](#)

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New Online Class Series Begins September 17th

“LIVING THE CHRISTIAN LIFE IN TROUBLING TIMES”

Class Details

- This topic is presented in a six-part series over six weeks
 - Wednesdays 3–5 PM ET OR Saturdays 5–7 PM ET
 - Format: Online via Zoom (interactive, 2 hours each)
 - Cost: \$20 per class or bundle all six and get one free

[REGISTER NOW](#)

CLASSES:

1. LIVING THE CHRISTIAN LIFE IN TROUBLING TIMES

The headlines are grim, culture is shifting, and faith can feel under attack. But God has a plan—and He’s hand-picked us for this moment. Learn how to live with confidence and hope when the world feels against you.

2. BUILDING ON THE FOUR PILLARS OF CHRISTIANITY

Truth, Identity, Faith, and Prayer form the corner posts of our walk with Christ. Together, we’ll uncover what they are, how to strengthen them, and how they can anchor us in difficult times.

3. DEALING WITH SIN IN OUR LIVES

What exactly is sin, and how is it different from temptation? Why do Catholics confess to a priest? Is purgatory Biblical? How does my sin affect God? Drawing from my book *The Sinner’s Survival Guide*, we’ll unpack these essential questions with biblical and practical insights.

4. WHEN FAMILY FALLS AWAY FROM THE CHURCH

Many of us grieve when loved ones leave the faith. Why are they walking away, and what can we do? We’ll explore myths about ex-Catholics, common misunderstandings, and practical ways to evangelize our families with truth and love—because there is always hope.

5. THE GIFTS AND FRUITS OF THE HOLY SPIRIT

Who is the Holy Spirit, and how does He work in our lives? Discover the Gifts and Fruits of the Spirit, how they differ, and how to recognize and nurture them in your own faith journey.

6. DEEPENING OUR PRAYER LIVES

Prayer is more than words—it’s relationship. Together, we’ll talk about how to pray, when to pray, and who to pray to. We’ll tackle questions like: Does God really hear me? Can I truly hear Him? And we’ll practice ways to grow deeper in prayer every day.

[REGISTER NOW](#)

THE “MAGIC SINGING BOWL”

(AN EXCERPT FROM THE BOOK “HEATHEN TO HEALER”)



I went to jail ministry one day. On the woman's side of the jail, I sat next to a woman and the Lord told me she had a bad back. I leaned over and asked her if she did. She said “Yes, but how did you know?” I told her the Lord told me, and that we would pray for her after the service.

Just as I was beginning to start prayer, she told me that she went to Nepal and was in a shop that had a large selection of “spiritual bowls”. Apparently, you go into this place and pick out the bowl that “matches your aura” and there are these writings on the bowl inside and out (she made no indication she knew what the writings said). She then said how you strike the bowl with a stick and it “sings” to you and heals whatever you need to be healed. She enthusiastically said, “It really works!”

“That’s great, but Jesus can heal you and much faster and permanently” I said. I prayed for her back, and she was healed.

Some may ask, “if she was receiving healing with the bowl, then what’s the big deal?” Well, there are several problems in this story that she and I discussed:

- We don't know the source of this healing. Is it of God? Or someone else?
- Is it the bowl that heals or is it God? At the very least, this borders on idolatry and runs up against the first commandment.
- Can this bowl bring you closer to God? Did this bowl die for your sins? Can this bowl carry you to heaven? No, no, no and no.
- Remember that, as Catholics, we believe in sacraments such as Holy Water and other blessed items. What we often forget is that our enemies also practice this. Witches can (and do) curse items so that, just as a blessed crucifix can carry a blessing, a cursed bowl can carry a curse.

A few notes on that last point. If you have (or think you have) a cursed object, it is best to simply destroy it. Some will pray that any curses be broken, and the object rendered harmless so that they can keep using it, but how do you really know? Now, obviously if it is something critical to your life (like your house or a person), then yes, we pray to break the curse, which is why we have deliverance prayer and prayers to bless homes and other material things. My advice? Take it to a priest and ask him to bless it.

Here's the thing; I know of people who have such objects, and they refuse to get rid of them. They say they “like” the bowl, or the little doll with the tiki torch that “reminds” them of their trip to Fiji, etc. Sometimes it is apparent for others to see that this attachment is disordered and yet they cannot. God does not want us to be attached to anything except Him. So, like I said, there were many unanswered questions here that were troublesome, and all centered around this strange singing bowl. In the end, I advised her to get rid of the bowl and find a church instead.

GET YOUR COPY

Glory Stories

TESTIMONIES OF HEALING

God sightings, "Holy Ghost" moments, Glory Stories...whatever you call them, they are always inspiring to share and to read. Here are just a few of the testimonies I've received:

Testimony 1

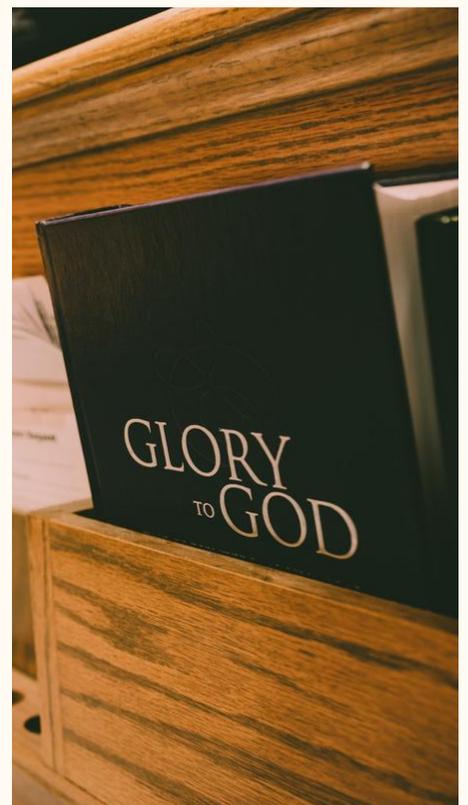
"Believe it or not I think God may have fixed my uneven hips the moment that I pressed submit on your website."

Testimony 2

After prayer, I am feeling different this morning. I had a very restful sleep, which is rare. I have a deep interior peace a desire for prayer. Also, I feel renewed in my love for my Community too and our own charism.

Testimony 3

I have good news! Today I had my blood taken and the first time in almost two years my red blood cells and hematocrit and hemoglobin are normal. My hemoglobin is only over 1 point so it's normal. Thanks for your prayer! Now to storm heaven to heal me from these auto immune diseases



[MORE GLORY STORIES](#)

Books



GOOD NEWS! THE ONLINE STORE IS BACK!

the bookstore is now open and fully stocked. If you had trouble ordering in the last few weeks, please try again. Each title is self-published and custom printed, offering both quality and encouragement for your faith journey.

[SHOP BOOKS](#)

How You Can Help the Ministry

YOUR PRAYERS AND SUPPORT MAKE THIS MINISTRY POSSIBLE.

Together, we can bring Christ's healing and hope to more people. Here are a few ways you can join in:

[INVITE JOHN TO SPEAK](#)

[SHOP BOOKS](#)

[TAKE A CLASS](#)

[DONATE](#)

I get questions...

Is it possible to block God's healing?

What is the stiff-arm? Well, if you are a/an (American) football fan, the stiff arm is just like it sounds. What I call "the stiff arm" is simply when we block the actions of the Holy Spirit. It usually isn't something purposefully done; rather it happens when we believe a lie told to us by the devil. Lies such as "I don't deserve to be healed" or "this is my cross to bear" are two examples. Others are "I know that God heals, but He wouldn't want to heal me because I'm a (fill in the blank)" or "I know that God heals, but I have cancer....and its stage four". The stiff arm isn't so much as an unbelief, but rather belief in a lie rather than trusting in God. I do not want to make light of what I call the stiff-arm because it is indeed powerful and even Jesus Himself was unable to overcome the stiff arm. Recall this passage:



"Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. And Jesus said to them, "A prophet is not without honor, except in his own country, and among his own kin, and in his own house." And he could do no mighty work there, except that he laid his hands upon a few sick people and healed them. And he marveled because of their unbelief. And he went about among the villages teaching." Mk 6:3-6

This is a rather astounding passage! Jesus Himself "marveled at their unbelief." Imagine how you would feel if Jesus said that He marveled at your unbelief? While the stiff-arm will not be overcome by God, it is usually possible for the person praying to identify it and then help the person receiving prayer to "relax" the arm and allow Jesus in. Generally, I will start with advising the person to at least leave the decision to heal up to Jesus. For example, I may ask them to say "Jesus, I give You permission to heal me however and whenever You wish". This then takes the decision out of their hands and puts it into God's.



What makes the stiff arm so powerful? Simple. The stiff arm is our free will, and if we use our free will to block God and refuse to let Him into our life, He will respect those wishes.

ASK A QUESTION

Attention all Clergy! ...two words...

Thank you!!!

Without our priests, deacons and religious we would not have the church and the sacraments.

It's that simple. We are in a battle, and you are on the front lines, every day fighting the good fight. This is why I make a special effort to assist you by offering discounts, free items and training. If you are interested, please click the button below and let me know how I can help!



CLERGY/RELIGIOUS



Know someone who could benefit from this ministry?

REFER A FRIEND