

Deliverance Prayer Self-Inventory

After you've learned about the Unbound method, it would be helpful to make a list of things to bring to your unbound session. Some items to start you are below:

Spiritual Wounds

- Were you mentally abused as a child either growing up or in school?
- Did your parents or siblings abuse you?
- Were you orphaned/abandoned/neglected/etc.

Trauma

- Were you involved in an event that caused the death of someone?
- Were you involved in causing the death of someone?
- Were you assaulted physically? Sexually?

People to forgive

I forgive...	For...

Spirits to rebuke/renounce

Addictions	Confusion	Fear	Infirmity	Judgment
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Self-doubt	<input type="checkbox"/> Control, Anxiety	<input type="checkbox"/> Cancer	<input type="checkbox"/> Criticism
<input type="checkbox"/> Drugs	<input type="checkbox"/> Frustration	<input type="checkbox"/> Worry	<input type="checkbox"/> Migraine	<input type="checkbox"/> Accusation
<input type="checkbox"/> Food	<input type="checkbox"/> Forgetfulness		<input type="checkbox"/> Arthritis	<input type="checkbox"/> Superiority
<input type="checkbox"/> Sex			<input type="checkbox"/> Mental illness	<input type="checkbox"/> Comparison
<input type="checkbox"/> Power	Depression	Fear of:	<input type="checkbox"/> Timidity	<input type="checkbox"/> Insecurity
	<input type="checkbox"/> Self-pity	<input type="checkbox"/> Accusation	<input type="checkbox"/> Shyness	<input type="checkbox"/> Fear
	<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Death	<input type="checkbox"/> Fear of man	
	<input type="checkbox"/> Despair	<input type="checkbox"/> Sickness	<input type="checkbox"/> Self-pity	Laziness
	<input type="checkbox"/> Discouragement	<input type="checkbox"/> Rejection	<input type="checkbox"/> Inadequacy	<input type="checkbox"/> Tiredness
	<input type="checkbox"/> Hurt	<input type="checkbox"/> Abandonment		<input type="checkbox"/> Weariness
	<input type="checkbox"/> Suicide	<input type="checkbox"/> Judgment		
	<input type="checkbox"/> Emotional pain	<input type="checkbox"/> Condemnation		
				Loneliness
		Grief	<input type="checkbox"/> Envy	<input type="checkbox"/> Emptiness
		<input type="checkbox"/> Sadness	<input type="checkbox"/> Insecurity	<input type="checkbox"/> Insecurity
		<input type="checkbox"/> Sorrow	<input type="checkbox"/> Nothingness	<input type="checkbox"/> Nothingness
		<input type="checkbox"/> Crying	<input type="checkbox"/> Abandonment	<input type="checkbox"/> Abandonment
	Doubt		<input type="checkbox"/> Greed	<input type="checkbox"/> Isolation
	<input type="checkbox"/> Unbelief			<input type="checkbox"/> Withdrawal
	<input type="checkbox"/> Distrust (in God)			

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<input type="checkbox"/> Self-protection	<input type="checkbox"/> Occult	<input type="checkbox"/> Self-reliance	<input type="checkbox"/> Rejection	<input type="checkbox"/> Self-Protection
Lost	<input type="checkbox"/> Horoscope, <input type="checkbox"/> Tarot Cards <input type="checkbox"/> Fortune telling <input type="checkbox"/> Palmistry <input type="checkbox"/> Ouija <input type="checkbox"/> Cults <input type="checkbox"/> Reiki <input type="checkbox"/> Yoga	<input type="checkbox"/> Perfectionism <input type="checkbox"/> Independence <input type="checkbox"/> Self-justification <input type="checkbox"/> Striving <input type="checkbox"/> Superiority <input type="checkbox"/> Disobedience <input type="checkbox"/> Stubbornness <input type="checkbox"/> Willfulness	<input type="checkbox"/> Abandonment <input type="checkbox"/> Orphan-spirit <input type="checkbox"/> Hurt <input type="checkbox"/> Insecurity <input type="checkbox"/> Unwanted	<input type="checkbox"/> Self-dependence <input type="checkbox"/> Pride
<input type="checkbox"/> Homeless <input type="checkbox"/> Purposelessness <input type="checkbox"/> Meaninglessness	Poverty	Shame	Religious Pride	Suicide
<input type="checkbox"/> Masturbation <input type="checkbox"/> Fornication <input type="checkbox"/> Adultery <input type="checkbox"/> Rape <input type="checkbox"/> Incest <input type="checkbox"/> Homosexuality <input type="checkbox"/> Bestiality	<input type="checkbox"/> Failure, <input type="checkbox"/> Hopelessness	<input type="checkbox"/> Guilt <input type="checkbox"/> Condemnation <input type="checkbox"/> Unworthiness <input type="checkbox"/> Embarrassment <input type="checkbox"/> Humiliation <input type="checkbox"/> Worthlessness <input type="checkbox"/> Accusation	<input type="checkbox"/> Religiosity <input type="checkbox"/> Scrupulosity	<input type="checkbox"/> Death <input type="checkbox"/> Abortion
	Pride		Self-Hatred	Withdrawal
	<input type="checkbox"/> Rebellion <input type="checkbox"/> Arrogance <input type="checkbox"/> Self-righteousness		<input type="checkbox"/> Self-accusation <input type="checkbox"/> Self-condemnation <input type="checkbox"/> Self-rejection <input type="checkbox"/> Self-blame <input type="checkbox"/> Self-criticism <input type="checkbox"/> Self-mutilation <input type="checkbox"/> Sadomasochism	<input type="checkbox"/> Isolation <input type="checkbox"/> Escape <input type="checkbox"/> Fantasy

Occult activity

- Have you practiced witchcraft, wicca, belong to any secret societies (Illuminati, Masons, etc.)
- Are you aware of any curses placed on you or your family?
- Have you ever placed any curses on anyone?

Soul ties

- Have you formed any spiritual or soul ties with anyone including:
 - Prior marriages
 - Fornication
 - Taking any blood oaths