

Key One

Repentance and Faith

Jesus, I'm **sorry** for.... Please **forgive me** for.... I **accept** your mercy.
Jesus, I trust in you and I give you permission to rule in my life.

Be gentle and encouraging; pay attention to entry points and patterns...

Session Worksheet for:

- Introduction/explain of roles
- Reinforce confidentiality
- Open with prayer
- Be courteous/observant of the time
- Explain the process:
 - Looking for patterns of oppression and entry points
 - Taking back their life
 - Train **them** to do the prayer
 - Be thorough and precise
- Be clear when starting each key
 - o Summarize previous key
 - o Re-explain the next the key

Focus the first key on 2 questions

1. What are you sorry for?
2. What do you want to give Jesus?

Key Two

Forgiveness

*Forgiveness does **NOT** mean acceptance of the situation. On the cross, Jesus forgave those that were torturing Him. This step is absolutely the hinge to the whole process. Forgiveness is a decision, not a feeling*

I forgive....for....

Explain what forgiveness is and what it is not...

Forgiveness is a decision, not a feeling

This is usually the most difficult key - spend the time necessary to cover all the wounds. Be as specific as possible. Have the prayee name names if possible but if need be, it is acceptable to simply say "I forgive John for what he did/said to me"

It is **critical** that they also forgive themselves.

People to forgive

Parents: circumstances of birth (out of wedlock), hurtful words given or received, physical, verbal or sexual abuse, poor role models.

Siblings: rivalry, introduction to bad habits or encounters, abuse.

Grandparents: abuse given or received, harsh words given or received

Extended family: Aunts, uncles, step and extended family.

Friends and acquaintances: Failure to support, arguments, disappointments given or received.

Key Three

Renunciation

In the name of Jesus Christ, I renounce... (anger, hatred, pride, lust, shame, guilt, alcoholism, addiction, drug use, pornography)

I break any... (family curses, hexes, spells, oppressions, bindings, soul ties)

I reject any... (dealings with the occult, unholy spiritual and physical ties that I created wittingly or unwittingly)

I renounce the lie that... (I will never be clean/sober, I will be like this for the rest of my life, God hates me, I cannot be free of the evil one)

Be specific; be thorough...

Key Four

Authority

In the name of Jesus Christ, I break the power of every lie, spirit, curse, hex, binding and soul tie that <name> has renounced and any related spirits and I command them to leave right now.

Key Five

The Father's Blessing

Explain that the person has now been cleaned and purified; but is "pitted" where all that has been renounced has been removed. God's love and grace must fill in these "pits" so that the evil one cannot find a place to return to. Speak from the heart, be gentle, supportive, hopeful and encouraging. Impart the father's love to the prayee as best you can. Reinforce that this is a process, not an event. **Encourage them to use the keys regularly and to thank God for their freedom!**

Addictions

Alcoholism, Drugs
Food, Sex, Power

Anger

Rage, Hatred,
Revenge
Retaliation,
Resentment
Bitterness, Violence,
Murder,
Unforgiveness

Confusion

Self-doubt
Frustration
Forgetfulness

Depression

Self-pity
Hopelessness
Despair
Discouragement
Hurt, Suicide
Emotional pain

Doubt

Unbelief,
Distrust (in God)

Fear

Control, Anxiety
Worry

Fear of:

Accusation, Death
Sickness, Rejection
Abandonment
Judgment
Condemnation

Grief

Sadness, Sorrow
Crying

Infirmity

Cancer, Migraine
Arthritis, etc.
Mental illness

Insecurity

Timidity, Shyness
Fear of man
Self-pity, Inadequacy

Jealousy

Envy, Selfishness
Greed

Judgment

Criticism, Accusation
Superiority,
Comparison
Insecurity, Fear

Laziness

Tiredness, Weariness

Loneliness

Emptiness
Insecurity
Nothingness
Abandonment
Isolation, Withdrawal
Self-protection

Lost

Homeless
Purposelessness
Meaninglessness

Lust

Masturbation,
Fornication
Adultery, Rape,
Incest,
Homosexuality
Bestiality

Occult

Horoscope,
Tarot Cards
Fortune telling
Palmistry
Cults, Reiki, Yoga

Poverty

Failure,
Hopelessness

Pride

Rebellion, Arrogance
Self-righteousness
Self-reliance
Perfectionism
Independence
Self-justification
Striving, Superiority
Disobedience
Stubbornness,
Willfulness

Shame

Guilt, Condemnation
Unworthiness
Embarrassment
Humiliation
Worthlessness
Accusation

Rejection

Abandonment
Orphan-spirit
Hurt, Insecurity
Unwanted

Religious Pride

Religiosity,
Scrupulosity

Self-Hatred

Self-accusation
Self-condemnation
Self-rejection
Self-blame
Self-criticism
Self-mutilation
Sadomasochism

Self-Protection

Self-dependence
Pride

Suicide

Death, Abortion

Withdrawal

Isolation, Escape
Fantasy