

Issue #14 | OCT 2026

Healing & Hope Newsletter

JOHN KOWALSKI MINISTRIES

Counseling, Teaching, Prayer and Deliverance for a Deeper Walk with God

Faith That Heals…Truth That Transforms

Need Prayer?

It's only one click away…

Help! I'm under attack!

Recently I received the following email:

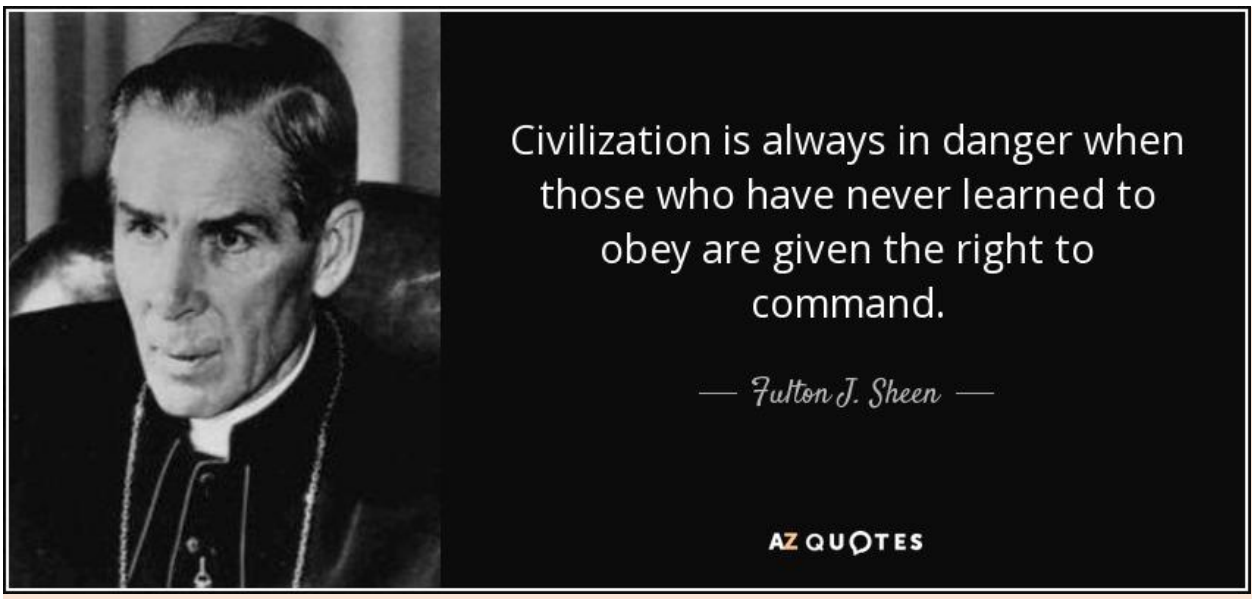
Dear John, I'm deeply grateful for the time we spent together. May God bless you today. However, I felt the counterattack of the enemy so I'm standing on the promises of the Bible. Please continue praying for me.

Are you being attacked by the evil one? Are you being oppressed? Are you having intrusive thoughts? If so, I say…congratulations!

Read why here

Wisdom of the Saints

A monthly selection from the wisdom of the saints



Were You Healed?

If you were healed by God (and I know that a lot of you were) please contact me. The best way to give Him glory, is to praise Him - and I can help with that!

Share Your Story Here

A Prayer for Priests



As a Catholic, I care for and pray for priests. Recently I was asked to pray for a priest and was inspired to not only do so, but to compose a Marian-based prayer for priests.

Let me know what you think, and in the meantime, please consider praying this prayer now and then.

Prayer for Priests

Need healing?
Know someone who does?
Then join us this Sunday for an online healing prayer session!

WHAT: An online, virtual healing service is held on the third Sunday of each month
WHEN: 5:00pm Eastern Time/UTC -5 and is open to all.
WHERE: Click HERE to join the call (no earlier than 4:55PM the day of the event, please)

This month I host
Christine Broesamle

International author, speaker, and pro-life activist.


Christine Broesamle

Booked and scheduled speakers:

Nov 2026 - Kevin Philip - President, Boats on Fire Ministries, International speaker/Evangelist
Dec 2026 - Peter Herbeck – Vice President Renewal Ministries, author and international speaker
Feb 2027 - Fr. Peter Turrone - Pastor, Our Lady of the Holy Rosary, Retreat Leader; Toronto Canada.
Oct 2027 - Fr. Michael Kimotek - regional superior: St Fidelis Friary in London, England

Booked - not yet scheduled speakers:



(**Above:** *John prays with the Bishop of the Diocese of Saginaw, Michigan*)

Mary Martin, Leadership formation, spiritual development (and gifted friend).

Healing Session Information

Listen to Past Talks

Ghost Stories Will Save the World

As we draw close to Halloween, I thought it timely to talk about how the holiday came about. Since the beginning of time, people have always had a fascination/curiosity about the dead. The Church, in order to squelch superstition and correct this thinking, developed the feast day (officially) called "All Souls Day". Through time and due to translation and slang, All Souls Day became "All Hallows Eve" and then finally into what we call "Halloween".

All Souls Day was (and still is) a day to celebrate those in heaven who are not *officially* recognized as saints by the church. For centuries, the Catholic Church has recognized the heroic lives of certain individuals and judged them to be saints (the details of how this process works is not covered here). But what about your saintly Mother, or Uncle who also lived a heroic life for Christ? Are they in heaven's waiting room waiting for the Catholic Church to bestow sainthood on them? Of course not. God bestows sainthood and no one else. The Catholic Church merely attempts to acknowledge that which God has already accomplished.

But even the Church recognizes that it is impossible to know all of the residents in heaven - thus All Souls Day blunts the superstitions and establishes correct teaching of what happens to those who die in God's favor.

But old habits die hard.

One day, my team and I were ministering in a drug and alcohol rehab facility in late October a few years back. I opened by saying

"*Normally we come here to talk about scripture and answer questions about the faith but since tomorrow is Halloween, I thought that we would switch it up and tell ghost stories instead - Holy Ghost stories*."

Read about ghost stories here

YouTube Content

The YouTube channel is up and running and we've been working hard to produce content.

There are three published playlists:

Lessons Learned	**Stories From the Vineyard**	**Healing Prayer Sessions**
Healing is complex and there are nuances and methods that can help. This playlist contains the lessons I have learned from my ministry.	These videos are stories about healings and deliverances given from my point of view. Its as close as I can get to bringing you into my ministry.	Each month I host a healing prayer session with a guest speaker. If you missed the last one, you can listen to the talk by clicking the button below.
Lessons	**Stories**	**Sessions**

Currently there are 416 subscribers, will you be number 417?

Visit my YouTube Channel

Substitute Teacher

This month: ***Fr. John Farao***



Every so often I run across great videos and teachings on the web. Sometimes I will use their topic, content and/or energy and expand on my own topics (especially if they parallel my ministry).

But sometimes they stand just fine on their own.

For those times, I'm going to share them here, in this section.

I've followed Fr. Farao for years. Not only is he entertaining to listen to, but he has such a great story to tell. Listen to the many ways that demons can attach themselves to people.

- Did you know that cartels Pay Satanists to Curse the Drugs.
- Can a Baby Be Possessed?
- Crystals, Wands & that "Magic" Shop on Your Corner.
- Bless Your Phone With Holy Water.
- Epstein, Power & People Who Serve Evil.

Fr. Farao Interview

Did you know?

Almost 1,200 people received prayer last year through this ministry?

- 58% Virtual/Online Prayer
- 22% Prayer List
- 15% Deliverance Prayer
- 5% Face to Face Prayer



Want to Learn More?



Do you want to:

- Learn about healing?
- Understand sin and its consequences?
- Develop a better relationship with God?
- Support this ministry?

Then purchase one of my books!

Purchase Books HERE

Your Donations Keep Us Going

I can't thank you enough for your donations. Everything costs something and it is only by the kindness of others that I am able to provide this ministry to you.

Thank you for your generosity!

- $30 will cover expenses for one day
- $210 will cover expenses for a week
- $900 will cover expenses for a month
- $2,700 will cover expenses for a quarter year
- $6,720 will cover expenses for one year

This month I would like to thank our sponsor:

GOLD CROWN REALTY



Good and gracious God, I ask for your blessing upon Gold Crown Realty, its management, its staff and its clientele. Bless their efforts, bring increase to their portfolio and provide success in all they do.

Please join me this month in supporting Gold Crown Realty by praying for the company and their specific intentions, which are below:

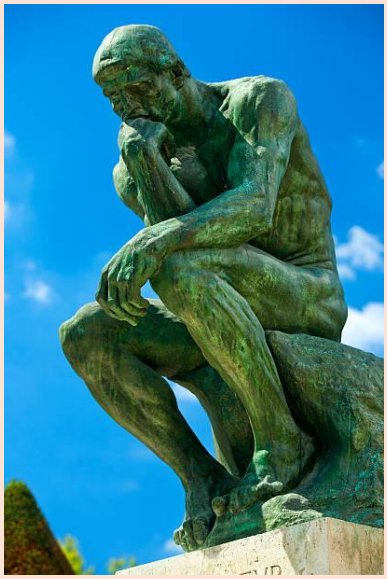
We at Gold Crown pray for wisdom, patience, prosperity, good health, and abundance for our staff, clients, owners, tenants, and all who care for or work on properties with us. May the homes and properties entrusted to us be well maintained.

Would you like to sponsor this newsletter?

Send an email to

john@johnjkowalski.com.

Last but not least...
John's Thoughts



(In regards to prayer)

"The more you know what God sounds like, the more you know what isn't God."

JK

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A Michigan-based faith outreach dedicated to prayer, healing, and spiritual growth. Donations are not tax-deductible.

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